

# 2015 Mandan Girls Tennis

## Forms and Fees

There are a few forms that will need to be filled out before practice begins. Your daughter will need a physical. The **Rights and Responsibilities Form** must be filled out by everyone. Before the Rights and Responsibilities Form is turned in, a parent and the child is required to watch the ten minute film "*Know the Risks*". A concussion form also needs to be turned in. The fee to compete in high school tennis is \$40. Middle school is \$20. Finally, please return the Girls Tennis Code of Conduct form to one of your coaches.

## Sportsmanship

As tennis fans, we should follow these simple guidelines. **1.)** Only cheer on winning shots **2.)** Do not cheer on unforced errors. **3.)** Do not talk to any of the competitors while they are on court. **4.)** Do not assist in keeping score, even if asked. If you are not sure what appropriate tennis sportsmanship is, please ask a coach and we will help you understand the best we can.

Players should always refrain from using foul language, hitting or throwing their racquet, hitting balls in disgust, etc. Serious or constant offenses may result in sitting out the next match or removal from the team.

## Dress and Uniforms

At practice, weather appropriate attire should be worn. For matches, black shorts with pockets or a black skirt will be worn along with the correct top.

## Cell Phones

During practices and matches, cell phones are to be turned off or on silent mode so they are not a disruption. If there is a situation where you **need** to use your phone, ask a coach. Some acceptable uses of cell phones include but not limited to: calling for rides, calling parents to inform them of court sites, or change of court site.

## Medical Conditions

If you have any sort of medical condition, inform the coaches about it and any other information that would be helpful in case of an emergency.

## Practice

-High School practice begins March 30<sup>th</sup>. Practice will be from 4:30-6:30. Wednesday's will end at 6:00. Practice may end earlier than the stated time. When there is inclement weather, practice will be moved inside to either Fort Lincoln(4:00-6:00) or Capital Racquet and Fitness Center(times vary). Periodically during the season, there may be morning practices that will be mandatory for all members of the team expecting to play on Varsity or come to post-season tournaments.

-Middle School practice begins April 7. Practice will be from 3:30-5:00. Practice may end earlier than the stated time. Practice will be held at the Middle School courts. For inclement weather, practice will be held at Christ the King from 4:00-5:00.

Being late or absent for practice without notifying your coach beforehand will result in making up any conditioning at the next practice and/or possibly sitting out the next match. Telling a teammate to tell your coach does not count as notifying us about being late/absent.

## Challenges

Challenges are used to help determine a lineup for the season. Our lineup is based mostly on these challenges but we also ask the help of the players and the assistant coaches to help determine a lineup. It is possible that your daughter may play behind someone she defeats in challenges.

## Trips

Trips are times to bond and have fun with teammates. However, when it comes time to play a match or tournament, we expect total concentration. Any misbehavior may result in sitting out the next match or removal from the team.

## Matches

We expect our players to support our team until the last match is finished. There may be times when someone needs to leave early. If this is ever the case, the coaches will need a signed note from a parent or the parent needs to talk directly to a coach. If a player leaves a match without a coach dismissing them first, consequences may occur such as sitting out the next match.

## Teams

Varsity – Rank #1-6

JV – Rank #7-12

JV2 – Rank #13-24

Middle School

## Tournaments

Minot Round Robin – Rank #1-10

WF Invite – Rank #1-12

JV Tournament – Rank #7-16

West Region and State – Rank #1-7 and two alternates

## Social Media

Players and parents will refrain from posting anything (updates, pictures, etc.) on any social media platform that portrays Mandan High School tennis in a negative manner. First violation will result in not playing the next match or tournament. Second violation will result in dismissal from the team.

## Lettering Criteria

If a player has competed in a varsity match during the season, she will receive a letter. Alternates for tournaments and successful junior varsity players can earn but are not guaranteed letters.

## Coaches Contact Information

	<b>Work</b>	<b>Cell</b>	<b>Email</b>
<b>Paul Christen</b>	751-6501	220-4520	paul.christen@msd1.org
<b>Megan Hanson</b>	751-6501	471-0598	megan.hanson@msd1.org
<b>Kathryn Neubauer</b>		426-4639	kneubauer46@gmail.com



# Mandan Tennis Athlete Code of Conduct

I, \_\_\_\_\_, have read the rules and agree to abide by the rules set forth by the NDHSAA, MHS, and the Tennis Coaches. It is also understood that my parents have been shown the rules and understand my responsibilities as a member of the MHS Tennis team.

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(Athlete Signature)

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(Parent or Guardian Signature)

