# 2015 Mandan Boys Tennis

#### **Forms and Fees**

There are a few forms that will need to be filled out before practice begins. Your son will need a physical. The **Rights and Responsibilities Form** must be filled out by everyone. Before the Rights and Responsibilities Form is turned in, a parent and the child is required to watch the ten minute film *"Know the Risks"*. A concussion form also needs to be turned in. The fee to compete in high school tennis is \$40.

#### **Sportsmanship**

As tennis fans, we should follow these simple guidelines. **1.)** Only cheer on winning shots **2.)** Do not cheer on unforced errors. **3.)** Do not talk to any of the competitors while they are on court. **4.)** Do not assist in keeping score, even if asked. If you are not sure what appropriate tennis sportsmanship is, please ask a coach and we will help you understand the best we can.

Players should always refrain from using foul language, hitting or throwing their racquet, hitting balls in disgust, etc.. Serious or constant offenses may result in extra conditioning at practice, sitting out the next match, or removal from the team.

#### **Dress and Uniforms**

At practice, shorts and t-shirts should be worn unless warmer clothing is more appropriate. For matches, black shorts with pockets will be worn along with the correct shirt.

#### **Cell Phones**

During practices and matches, cell phones are to be turned off or on silent mode so they are not a disruption. If there is a situation where you **<u>need</u>** to use your phone, ask a coach. Some acceptable uses of cell phones include but not limited to: calling for rides, calling parents to inform them of court sites, or change of court site.

#### **Medical Conditions**

If you have any sort of medical condition, inform the coaches about it and any other information that would be helpful in case of an emergency.

#### **Practice**

Before school starts, practices will be at 9:00 am - 11:00 am and 2:00 - 4:00 pm each weekday starting August 10th. The morning practices will consist of more conditioning than the afternoon practices. Once school starts, practice will be from 4:30 - 6:30 pm. Practice on Wednesday's will run from 4:30 - 6:00 due to school policy. Practice may end earlier than the above stated times. Practice will be held at the Middle School courts.

Periodically during the season, there will be morning runs that will be mandatory for all members of the team expecting to play on Varsity or come to post-season tournaments.

Being late or absent for practice without notifying me beforehand will result in extra conditioning at practice and/or possibly sitting out the next match. Telling a teammate to tell me does not count as notifying me about being late/absent.

#### **Challenges**

Challenges are used to help determine a lineup for the season. Our lineup is based mostly on these challenges but I also ask the help of the players and the assistant coaches to help determine a lineup. It is possible that your son may play behind someone he defeats in challenges.

#### Matches

I expect our players to support our team until the last match is finished. There may be times when someone needs to leave early. If this is ever the case, I will need a signed note from a parent or the parent needs to talk directly to me. If a player leaves a match without me dismissing them first, consequences may occur such as sitting out the next match.

## <u>Trips</u>

Trips are times to bond and have fun with teammates. However, when it comes time to play a match or tournament, I expect total concentration. Any misbehavior may result in sitting out the next match or removal from the team.

#### <u>Teams</u>

Varsity - Rank #1-6JV - Rank #7-12JV2 - Rank #13-24TournamentsWF Invite - Rank #1-10WF Invite - Rank #1-12JV Tournament - Rank #7-16West Region and State - Rank #1-7 and two alternates

#### Social Media

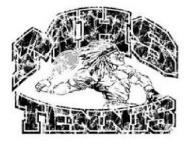
Players and parents will refrain from posting anything (updates, pictures, etc.) on any social media platform that portrays Mandan High School tennis in a negative manner. First violation will result in not playing the next match or tournament. Second violation will result in dismissal from the team

### Lettering Criteria

If a player has competed in a varsity match during the season, he will receive a letter. Alternates for tournaments and successful junior varsity players can earn but are not guaranteed letters.

### **Coaches Contact Information**

	Work	Cell	Email
Paul Christen	751-6501	220-4520	paul.christen@msd1.org





# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14	15
	First Practice	Practice	Practice	Practice	Practice	
	9-11am	9-11am	9-11am	9-11am	9-11am	
	2-4pm	2-4pm	2-4pm	2-4pm	2-4pm	
16	17	18	19	20	21	22
	Practice	Practice	Practice	Practice	Practice	Minot Round
	9-11am	9-11am	9-11am	9-11am	9-11am	Robin
	2-4pm	2-4pm	2-4pm	2-4pm	2-4pm	
23	24	25	26	27	28	29
	Regular		1 <sup>st</sup> Day of	@BHS		HOME vs.
	Practice		School	4:00 Tom O		Sheyenne
	Schedule begins			(4-3 non-conf)		9:00 am

# September

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30	31	1 HOME vs. BHS 4:00	2	3 @LHS 4:15 TBD	4	5
6	7	8 HOME vs. JHS 4:00	9	10	11 @VC 11am North Courts @Davies 4pm Discovery MS Stay night in Fargo	12 WF Invite
13	14	15 @CHS 4:15 Sertoma	16	17	18 @WHS 4:00 Davidson	19 @Minot 12:00 Hammond
20	21 JV Tournament Mandan- Bismarck	22	23	24 West Region Team Bismarck	25 West Region Individual Bismarck	26 West Region Individual Bismarck
27	28	29	30	1 State Grand Forks	2 State Grand Forks	3 State Grand Forks